

The ZAPPER

What it is. How to use-it.

ZAPPERWISE



ZAPPERWISE

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Some important notices

«Electricity can now be used to kill bacteria, viruses and parasites in minutes, not days or weeks as antibiotics require.

If you have been suffering from a chronic infection or have cancer, or AIDS, learn to build the electronic device that will stop it immediately. It is safe and without side effects and does not interfere with any treatment you are now on.»

[1. The Cure For All Diseases, Dr H. R. .Clark](#)

Legal disclaimer :

We do not prescribe, diagnose, or make any medical claim or advice.

The principles, assumptions or theories exposed in this manual have no medical or scientific value officially recognized.

Please note that Dr Clark's books or devices have not been evaluated by Health Canada (Canada) or Food and Drugs Administration (USA), and then, have not received any guarantee on their effectiveness or their safety.

Zappers can only be sold or used as experimental devices for educational research. They are not intended for use in the cure, treatment, prevention, diagnostic of any disease.

If illness is an issue, please consult a licensed health professional before attempting any self health program.

By using this information without the approval of a licensed health professional, you are prescribing for yourself, as permitted by law, and you take full responsibility for the results.

These results may vary depending on individuals



**HUMAN
WORLD
WOULD BE
MUCH
BETTER, IF
THE HUMAN
KIND HAD
READ-IT
WELL !**

**DO NOT
MAKE THE
SAME
MISTAKE
WITH YOUR
ZAPPER...
READ-IT,
THE DAMN
MANUAL !**

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1.0 INTRODUCTION

The present work has been made possible thanks to the open mind of Dr Hulda Clark. Their books had been a source of inspiration and we have quoted her several times. Here is **her copyright notice, taken from "The cure for all diseases"** :

**© Copyright 1995 by Hulda Regehr Clark,
All rights reserved.
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document for non-commercial purposes provided
the original copyright notice is included.**

This booklet was written to describe a part of my experience and my findings, pleasant or unpleasant. This is not a protocol or a scientific description, and has NO medical claim or otherwise. Take it as a notebook of experiments, a series of personal anecdotes ...

1.1 In fact, what is a "Dr. Clark's zapper"?

Many frequency, magnetic and micro-current devices have been in use out-there with health in mind. Only some of these devices can be classified as Hulda Clark's zappers. Here is what it takes to comply with Dr. Clark's writing :

(From "the cure for all Diseases", pp 15, 16)

1_ "Any positively offset frequency kills all bacteria, viruses and parasites simultaneously, given sufficient voltage (5 to 10 volts), duration (seven minutes), and frequency (anything from 10Hz to 500kHz.)"

2_ Generating positive offset frequencies is the best way to kill all pathogens quickly. But it takes more than one treatment"

3_ Zapping does not kill shielded organisms, such as those that may be in the middle of your stomach or intestines. The electricity travels along the stomach or intestines wall, not through their contents"

To be sure that the offset is always positive, Dr. Clark recommends that voltage should never go below +0.25V.

Devices of Rife's kind work mainly with very precise frequencies called MOR (Mortal Oscillatory Rate), and are intended for only a kind of parasite. Those frequencies are made of alternative current. **These devices are not a "H. Clark's zapper"**

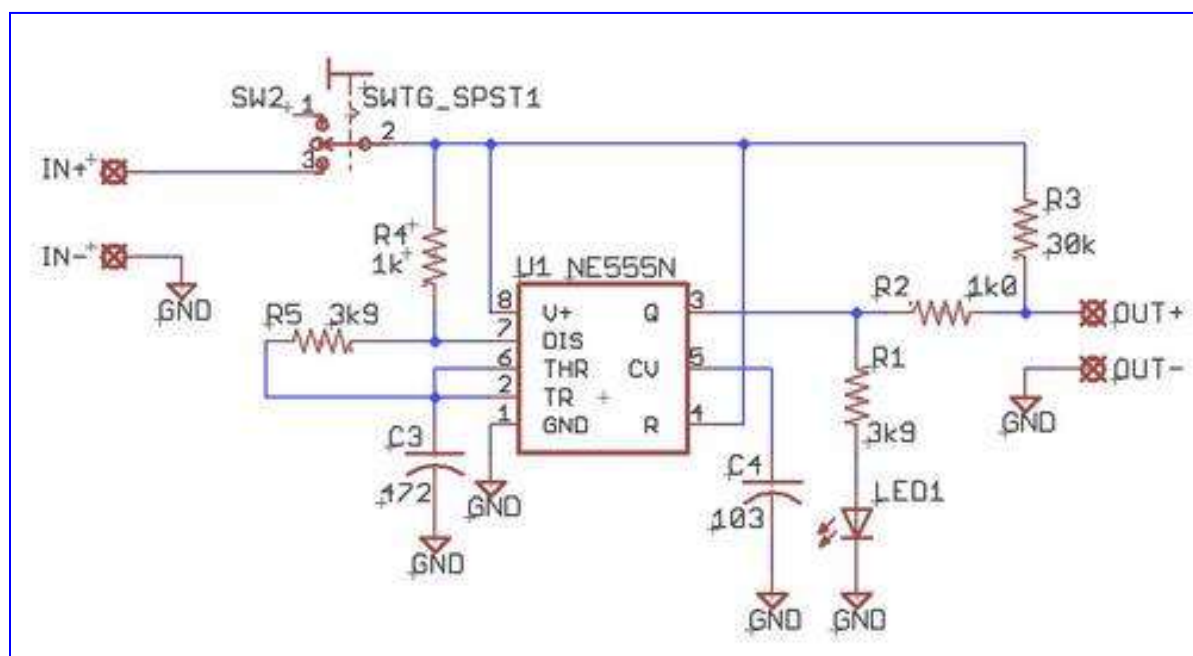
The blood purifier of Mr B. Beck sends an alternative voltage of approximately 50Vptp, at a frequency of 4Hz. **This is not a "H. Clark's zapper,"** even if the effects in the blood are similar.

Original schematic of Dr Clark (1994)

R3= 30k added to make the famous +0.25V Offset

This page : http://www.zapperwise.com/e_schema_clark.html

describes in detail this original zapper



1.2 Be careful: Before using a zapper, you should know ...

Zappers had been used on 8 month old babies and the elderly with no problems. They had been used safely by tens-of-thousands of people all over the world with all kind of major and minor illnesses, for almost 20 years. You may feel worse at the beginning as parasites die off, but this is usually gone within a few days. The Zapper isn't likely to hurt you, but everybody is different and some people react differently than others.

**However, nothing is perfectly safe, so please, use common sense :
It's up to you to judge what is happening in your own body.**

This material is not a toy. The Zapper's family has the good reputation of removing a lot of parasites, and this, very quickly, not without some annoyance:

A part of this mass is either digested, or evacuated, creating sometimes a state of slight dizziness, nausea, foul-smelling flatulence, headache, itching or stiffness at the joints, irritated skin, tiredness and somnolence (as after a large meal) **etc.**
(thanks, God, not all together or at the same time !)

After the first zapping session, immediate or delayed tiredness may occur for a few minutes ... or hours.

This is probably due to the sudden release of toxins from dead parasites; the gas usually is from killed intestinal worms.

This state will disappear and be replaced by a fresh feeling of lightness and awakening, as after a few days of fast. To help this elimination it is advised to drink 1 to 2 pints of water every day, water of good quality, non-mineral and not gasified.

A lack of liquid during this important elimination can lead to an increase in your blood pressure and to various irritations caused by a massive concentration of badly diluted "dead bodies" and their toxins.

In these circumstances, kidneys and liver work hard.

If you have these organs weak or lazy, be vigilant.

An exaggeration in the use of Zapping can also lead to intestinal problems (beginning of diarrhea). Yogurt capsules will help.

The work of elimination and the tiredness which accompanies it can be contraindicated, if you are already weakened.

**If side effects are TOO disturbing,
it is because the session is TOO strong FOR YOU**
Decrease the exposure and/or postpone for 1 or 2 days the following sessions,
until your body takes control again of its cleansing.

**So, if you feel bad after using the Zapper, remember:
It's not the Zapper making you feel bad, it's your body
working hard to get rid of what was killed.**

Another "problem" may occur:

The passage of a small current through your body seems to stimulate inter-cellular exchanges (cells communicate better) and excite / awaken the "soldiers" of your body, which become suddenly hungry of microbes.

Result _1: Your immune system works better and gets quickly rid of all the accumulation of unwanted passengers, sometimes a little too fast.

Result _2: If you have any substances in transit in your body, like "legal drugs", alcohol, illegal drugs, ...) "accelerated intercellular trade", (up to 20 to 30 times faster, sometimes) will make the distribution of these substances MUCH more active. **This phenomenon, falsely called electroporation,** has been noted by many.

If you take any medications, using the zapper in the morning, before you swallow your daily dose of medical dependency could (conditional) be more appropriate.

Monitor the effects of the zapper, and make the correct dosage of your medications with your doctor, if necessary. You should be aware that this COULD happen (or maybe not) to you, everyone reacting in a different way

And a last advice: Zappers use direct current to do they work.

This can lead to skin irritation due to this current passing non-stop through the skin, always on the same area. Concentration of this tiny current in the same spot, due to the use of bare metal on the skin, or due to the drying wet paper towel can, on the long run, cause small burns on the skin. This is one of the reasons we recommend to have a spray bottle with tap water, to humidify the layers of paper towel, around the copper tubes, and to never made a zapping session when going to bed: You must know and feel what is going on, on your body, at all times.

Swapping the electrodes or changing up the electrodes occasionally (every 20mn or so), watching the points of contact, is a good strategy to avoid this problem.

Not exaggerating about the session time on continuous zapping is highly recommended too.

Remember: This could (conditional) happen to you, or your children, without the right supervision

The vast majority of you will be little or not affected or even bothered by these warnings.

**But ... Just in case ... Be warned:
THE ZAPPER IS NOT A TOY.
YOU ARE TESTING-IT ... ON YOUR OWN LOVED BODY!**

2.0 FAQ

2.1 Definitions and General Information

There is a booklet, describing in detail the **first trial**, for all the people who never had yet a zapper in their hands...

http://www.zapperwise.com/download/E_ZW-FirstTrial_XX.pdf

By following the instructions in this booklet, you will have many legitimate answers on how to prepare a zapping session and how to make this first trial without fear...

This booklet complements the precedent one, and can be read during the 20mn pauses. It has been written as a collection of FAQ.

2.1.1 Who was Dr. Hulda Regehr Clark ?

Hulda Regehr Clark began her studies in biology at the University of Saskatchewan, Canada, where she was awarded the Bachelor of Arts, Magna Cum Laude, and the Master of Arts, with High Honors.

After two years of study at McGill University, she attended the University of Minnesota, studying biophysics and cell physiology.

She received her Doctorate in 1958.

After doing government sponsored research for almost ten years at Indiana University, she began full-time private consulting in nutrition in 1979. She continued her studies to earn a Naturopathy Degree and an amateur radio license.

By 1981, she felt she had discovered the basis for disease.

To test her theories she eventually set up a clinic in Mexico so she could work without persecution by government regulators (Government regulators state that we **must** all consult a medical doctor for **any** disease).

In 1993 Dr. Clark published her book, "The Cure for All Cancers", and "The Cure For HIV And AIDS" The word "cure", reserved for use by the medical/pharmaceutical industry only, irritated very much the medical establishment.

In these books, Dr Clark describes in detail how to built and use a Syncrometer® and a "Clark's zapper". Dr Clark put these discoveries on the public domain and never asked a single cent for them.

She published "The Cure For All Diseases" in 1995; "The Cure For All Advanced Cancers" in 1999; "The Prevention Of All Cancers" in 2004. many of these books had been translated in more than 8 languages.

On September 20, 1999 Hulda Clark was arrested on a charge of practicing medicine without a license and transported from San Diego to Indiana where she was put in jail. Over the course of the 6 months from her arrest to the dismissal, authorities in Indiana had been overwhelmed with protests and letters of support from around the world.

It takes an unusual degree of dedication and strength of character to operate outside the approved system.

What had Dr. Hulda Clark discovered?

She found that where there was cancer or any other diseases, there were also parasites. Our bodies have been subjected to environmental pollutants and processed or dead foods on a massive scale in recent decades.

Clark's books describe an extensive program to regain health. She identifies household products, vitamin supplements, mercury fillings in teeth as well as foods that weaken the body and thereby contribute to disease.

She details herbal programs that will help the body get rid itself of parasites.

It is important to keep in mind that while at any point in time pathogens may be killed by a frequency or DC, **this is not a permanent solution.**

In other words, the blood and body are constantly inviting or reproducing pathogens so zapping is only one part of Hulda Clark's ongoing protocol to help the immune system overcome pathogens and allow the body to rebuild health.

It is important to keep in mind that the Zapper does not penetrate all areas of the body easily so is not able to kill all pathogens. **Hulda Clark's protocol also includes using herbs and eliminating many toxic products. Interesting enough, Dr Clark recommended the use of Colloidal Silver, where recommending too, the removal of silver on teeth.**

Silver (metal) and its colloidal form on water (almost universal germicide) seems to be two very distinctive products.

(More on Colloidal Silver Generators soon.)

How Dr Clark came to the zapper discovery?

Read "The Cure Of All Diseases", pp 5 to 18

In a first step, she did a lot of work with Rife theories and her own set of frequencies, found with her synchronometer, but these methods where time-consuming.

In 1993, with the help of her son Geoffrey, she tried a new approach, quite independent of frequency, and based on DC operation : The zapper was born.

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2.1.2 What means "7-20 (or 28-20)

7-20 is an abbreviation used by Maestro-Zapper to designate the original sequence proposed by Dr. Clark in her many books.

7-20 means:

- = 7 minutes of zapping with a frequency of (usually) 30kHz
- = A 20mn pause (No zapping)(Pauses can be anything between 20mn and 45mn)
- = 7 minutes of zapping with a frequency of (usually) 30kHz
- = A 20mn pause (No zapping)
- = 7 minutes of zapping with a frequency of (usually) 30kHz

Another similar "Heavy-Duty" sequence, designed by MZ, is the "28-20"

Originally, this sequence was made to match the "Narrow Sweep" around 2.5kHz

It implies:

- = 28 minutes of zapping with a narrow sweep around 2.5kHz.(or any other frequency)
- = A 20mn pause (No zapping)
- = 28 minutes of zapping with a narrow sweep around 2.5kHz.(or any other frequency)
- = A 20mn pause (No zapping)
- = 28 minutes of zapping with a narrow sweep around 2.5kHz.(or any other frequency)

2.1.3 Is timing very important? No, not very much

According to Dr Clark experiences, 3mn of zapping is enough for most parasites – but not all. Some of them need a longer time: 7mn. So 7mn became the “standard” ...

So, if you have a little more, or a little less, chances are your zapping session will be a good one, anyway.

According to H.Clark too, a pause of 20mn to 45mn is as efficient, but 20mn makes a shorter zapping session.

Note: What had been said is valid only when de Direct Current hits the disturbing parasites. On hollow organs, as lungs or intestinal track, the current cannot travel well, or doesn't travel at all. 30mn (or more) of zapping will not produce much results. We have one of the weak points of the zapper...



2.1.4 Your device defines itself as an “Experimental current source”. What “experiments” have to do with my use?

This is all we can legally do...

You must understand that the devices sold under the zapper's banner are considered by legal authorities as very disturbing to their status quo, and want to protect immature people against their own immaturity (not talking about the financial interest of pill makers)

In this world, the right to make experiments on a personal basis, for oneself and on oneself, still exists.

You will understand now why Internet sites, authors and manufacturers involved around these zappers are so careful and are legally obliged to multiply warnings about “medical or scientific meanings, theories and hypothesis” on what they have to say and sell.

These devices are only sold on a purely informative basis, without any unspecified claim or guarantee as for its effects.

Zappers are designed and sold to permit you to try out new technologies with a minimum of discomfort and a maximum of interesting discoveries to your well-being.

For this reason the word “**EXPERIMENTAL**” has something important to do with the use of your zapper.



2.1.5 Actual trends (2010)

The basic zapper, as designed by Dr. Clark, is intended to send a small, very small current to destination (your parasites).

With the same concept in mind, research at the College of Medicine Albert Einstein, New York, in 1991, showed that a current of 50uA to 150uA could neutralize the HIV virus for as much as 50% to 95% (and many other pathogens too)

The only source of evidence of their research is the U.S. Patent # 5,188,738, filed in 1993. Everything else has “vanished”. This seems to be the current health policy...

This research led another genial searcher, Bob Beck, to develop a system to send the necessary micro-current of electricity into the blood, without medical intrusion. This device often bears the name of “Bob Beck's zapper”, or “plant grown stimulator” (?!? (-))

Coming back to the H. Clark's zapper :

Manufacturers and critics of H. Clark's zappers had been hypnotized by the use of the 30kHz frequency, intended to circumvent the natural barrier of the skin, and still persists in seeing in the zapper a frequency generator with "mysterious powers due to the used frequency", ignoring the statement of Dr Clark : **"any frequency between 10Hz and 500 000Hz will do"**

The use of ANY frequency (30kHz or any other) will lead to an additional effect added to the "basic micro-current zapping effect", due to the precise frequency used.

Changing these hard-to-die beliefs is not easy.

Actual trends consists in using lower frequencies, based on "the skin effect", trying to demonstrate that the penetration of the frequencies would be better with lower frequencies. We did not perceive any difference during our experiments and we do not subscribe to this theory.

30kHz is an excellent frequency for a general use of the zapper.

2.5kHz remains acceptable, but its 3.5 times "higher penetration" has to be proven.

Visit our site http://www.zapperwise.com/e_frequency_ref.html#Skin%20effect
What about the popular "skin effect"? for more details.

The current tendency also consists in using increasingly long and repeated sessions.

The longer time recommended is done by Don Croft and its "Terminator", very unusual zapper, using 15Hz, really apart from the traditional paths, which can run 24h and more...

We see two explanations to this tendency in duration:

The action of the electrical current on the human body depends on the quantity of electricity, which depends on the current which circulates, and **time**

Quantity = Current x Time

This tendency makes then sense, because if the current (pushed by voltage) must be limited to a safety factor, only time can be increased.

This tendency can be also explained by the difficulty of the zapper to reach certain hollow organs quite well protected from the passage of the current. When the big part of elimination has been done on the "outside", a longer and repeated use will end up having an effect on the "inside" of these zones (and our immune system, less busy by emergencies, will be able to do a much better work, especially in these organs). **In practice, lower frequency means lower current, means longer time, for the same effect**

A new trend is emerging in recent years:

Increasing the number of frequencies used in the zapper.

The advent of micro-controllers in the zapper's field permits this trend, **the use of a 555 oscillator limiting the number of frequencies used to 2 or 3.**

The most popular frequencies are currently : 30kHz, 2.5kHz and 15Hz.

Several of the frequencies used by the Rife / Crane's school find themselves increasingly use in zappers: 10kHz, 5kHz, 727Hz, 787Hz, 800Hz, 880Hz and many, many others.

The use of sweep frequencies, once used by Dr Clark too, is another application on the "H. Clark's frequency zappers"

2.1.6 Before purchasing a zapper, you should know ...

I'm a zapper's designer. I'm mainly a zapper's user.

I have some experience on what works, and what doesn't works so well.

I don't possess "THE Truth", but here is my truth, and some good points to consider, when looking for a first zapper.

We encourage you to educate yourself before making a final choice.

We like choices, and to make a good one, you should know your needs... and your budget.

In this page, when we talk about efficiency of a zapper, we talk about the technical efficiency (Energy transfer, good use of the battery, and so on. Nothing to do with illness or "medical efficiency". Period.

As stated by Dr Clark on her book "The Cure For All Diseases", pp 15 & 16,

"Any positively offset frequency kills all bacteria, viruses and parasites simultaneously, given sufficient voltage (5 to 10V), duration (seven minutes) and frequency (anything from 10 Hz to 500,000Hz)"

"Zapping does not kill shielded organisms, such as those that may be in the middle of your stomach or intestines. The electricity travels along the stomach or intestine wall, not through their contents".

The "Hulda Clark zapper" is a very simple device, and applications seems endless, when you start experimenting.

Technically speaking, it is quite easily for almost anyone, to make a working zapper.

And most of them will work.

And none will work as a panacea, as many will try to convince you.

You can buy a well done zapper, meeting all Dr Clark's criteria for \$10.00 out there (Honest, free publicity). Why pay more? Well, an On-Off switch will not hurt, a nice case and a couple of frequencies will not hurt neither, and ...

Where should we stop, on our request?

Back to basics.

- = What are your real needs?
- = What kind of comfort meets your lifestyle?
- = How much your budget can buy?
- = And frequency... Haaahh!! Frequency! Which one is THE good frequency?
- = Why everyone out there swears only by "its" frequency, and why their frequencies are all different?

How many questions for a so "simple device"!

Here are some points to consider. Don't take them as definitive. Think about it, and make yourself an opinion. Then act, compare the results and start again...

1 Quality of the material : If you had to put your very and only life in one device you don't know well, will you trust Mr JoBlow assembling the device in a corner of a kitchen table, will you trust your brother-in-law's friend studying electronic, or an experienced professional, with 25 years of experience, using proven technology?
Easy to answer... Unless.... You are looking for the cheapest way to die (:-)

2 Warranty : No one will give you any serious warranty of the "medical" effectiveness of a zapper. IT IS AGAINST THE LAW. Only Medical Doctors can , by law, diagnose, cure or treat illness.

And even doctors will not give you any warranty...

We, zapper users, can only experiment on ourselves. Period.

The only warranty a zapper's manufacturer can give you are :

= **The compliance with their technical specs** (when they have any...). Very few manufacturers give specs of their device, some times because they don't know the performance of their zapper, some times because they know too well their (low) performance.

Most of the times they prefer to convince you they are "THE BEST" but don't want to suffer from comparison...

= **A warranty against possible manufacturing flaws.** A good standard is 1 year. (In electronic, without moving parts, if "it" works well for 3 months, chances are good it will work for a long, long time).

= **If you deal with a nice guy**, you will have too a "satisfaction warrantee" where you will be able to say, when unpacking your zapper : "Sorry, I did a mistake. This is not what I was expecting. Please, take-it back" .

There is not any legal obligation. Only nice people (or people believing they are nice guys).

3 There is a lot of tradeoffs between technical solutions and cost. Some are better than others.

= **The best cheap, reusable, efficient electrodes** for a zapper are copper tubes around 0.87" Dia, 4 to 6" long, with cheap, wet white towel paper. In second close place, feet plates could be even better, but they are more expensive.

= **Reusable L A R G E ECG electrodes** are very good if you follow instructions, and use your zapper once in a while, but not as "practical" as copper tubes if you zap every day, or 3 times per day.

= **Stay away of hand free wriststraps.** Their electrical efficiency are around 25% of a copper tube, sometimes they seriously "tickles". A good way to become unhappy...

= **Connections around electrodes** are a weak point on many zappers. Expect to repair yourself this part of your zapper.

= **Some zappers have uncommon output connectors** and you will have to rely on original stuff (\$!\$!).

= **Banana connectors and 2mm connectors** are very common and easy to repair. They are my first choice, with soldered wire on the copper handle, for a long lasting good connection.

= **Stiff wires are annoying. Flexible (Test lead wire) cables are much better.**

= **Alligator clips** are versatile. You can hold almost any electrode with them, but on nice and smooth copper tubes, they are slippery and you should check them time to time.

= **ON_Led indicator** count for a good part of current consumption. They can hang on input (battery side) and give you an indication that switch is ON, or they can be on output side, giving you an indication that output should be working. These Led will dim as battery wears. Some zappers have a more complex circuit, shutting down the LED when battery reach a minimum level, telling you "it's time to change battery!".

= **OUTPUT CURRENT LED indicator** : Some zappers have a special circuit detecting a minimum current flowing through output terminals. This should tell you that the output is not "open", than the output is well connected (to you, we hope) This indicator is rare, and gives you a minimal and useful information on the output connections.

4 Most Zappers use a 555 oscillator. An excellent choice. Cheap, simple, robust, reliable, just right for a zapper. Other integrated circuits could be good too, but 555 are THE reference.

= Zappers with 2 or 3 frequencies : A good portion of zappers offer you 2 or 3 different frequencies. It is easy, with a 555, to make 1 to 3 frequencies. More becomes cumbersome.

= Avoid zappers built around CMOS 4xxx series: Their output deliver lower current, and circuits are as expensive as 555 ones.

5 The use of a programmable micro-controller is quite rare and expensive, and offers many user-friendly functions, permitting complex frequencies, variable duty cycle and programmed sessions. This is a complex solution, out of reach of most electronic hobbyist. You will see more of these zappers, as competition arises and prices get down. Very good for zapper's futur

6 Common 9V battery : All pocket size zappers come with this anemic, but cheap and practical battery. Its voltage drops quickly from 9.5V to 8.0V or 7.5V, stays there for a wile, then drops again quickly to 5.5V and less.

Efficiency of your zapper follows closely battery's voltage.

We prefer to have a low (still good) voltage if it is reliable (always the same).

We can count on similar results, time after time.

That's why we consider a 5V regulator as a good feature.

= **Much better, a steady (regulated) voltage around 10V** will give a powerful zapping, without being disturbing (itching). But having this from a 9V battery needs the use of a booster-regulator, a complication out of the reach of many manufacturers (and this very safe solution adds cost to the zapper too). **Going further than 12V on voltage** supply looks very good on publicity but these zappers pass most of their time in the corner of a drawer, because they are unpleasant to use and remind the old (and new) use of electroshock "therapy".

= **The best, by far, is a Constant Current Source**, because zappers are current devices and not voltage devices.

What is important is the current flowing through you , and not the voltage across you (used to "push" current).

Zappers using this control means are RARE.

= **Some manufacturers prefer to have a power supply connected to the line (110V/220V).** Most of the time, they will use approved (UL, CSA, ACNOR) transformers (approved for what?) and "forget" to approve the whole assembly (a costly and cumbersome process), putting them out-of-the-Law. **Stay away of this "too easy"**

solution, This is the proof of an "apprentice sorcerer", not knowing what he is doing with zappers, most of the time.

Power supply from a safe battery is the only way to go with zappers.

7 Internal output impedance : This is an important safety point everyone should consider.

The output of a 555 can easily deliver 100mA. Only the internal output impedance can limit the current to a safe level (unless you are using a Constant Current Source Zapper)

We need only 0.05 to 0,15mA at destination, for the "H.Clark zapper effect" to act.

- = 8 to 10mA: Can give you a Shock at contact (backlash)
- = 10 to 20mA: Will give you an electric shock + contraction of the muscles and continuous nervous twitching.
- = Above 20mA : Deadly risk, proportional to the current involved.

I feel Dr Clark knew electronic quite well, and did a very good safe design of its zapper, before releasing-it on public domain. That's why she inserted an output impedance of 1000_Ohms in series with the output on her original zapper. This protects the zapper AND the user to a safe level of zapping current.

Based on the principle that "BIGGER IS BETTER", many manufacturers short circuit this impedance with a capacitor, permitting the current variations (Frequency) to circumvent this impedance, lowering its "alternative value" to almost 0, and pushing currents to BIGGER IS BETTER levels.

Result : The output is defined as a "Constant Wave", "doesn't distort", use of a "stabilized wave technology", and other terminology, trying to prove this "bigger is better".

We believe that just right and no more is enough.

Wish List for a zapper under \$75.00

Power supply :

- = Protection against battery reversal.
 - = On-Off switch
 - = For a general use :
 - = No regulator, OK
 - = 5V regulator, better
 - = Sequence 7-20 OK;
 - = Continuous zapping OK too (different approach)
 - = For an advanced use (Plate zapping, Homeography, strong zapping) you will need a power supply delivering at least 9V.
- 10V to 12V Booster-regulator is an excellent solution. A good alternative will be the use of 6 AA or CC or DD batteries in series. **AVOID WALL PLUG SUPPLY!**

Electronic circuitry :

- = Low power CMOS makes good use of battery energy
- = Powered by a 555 oscillator (7555: low power consumption version)
(At this price range, micro controllers are not yet common)
- = If only one frequency : 10kHz to 50kHz best.
- If 2 frequencies : 30kHz and 2.5Hz or 30kHz and 1kHz
- If 3 frequencies : 30kHz, 2.5kHz, 1kHz
- = Output LED to check well connected output. ON Led is then not a "must", but most customers like-it.
- = 800 to 1000_Ohms output impedance (without "constant wave" or alike)

= **A way to reduce power output will be a nice feature for sensible skins, unless you already have a 5V regulator.**

= **A picture of the zapper's inside will permit you to check if circuitry is made by a professional or by "JoBlow1", afraid to show its poor workmanship, or afraid to be copied by "JoBlow2"**

= Printed Circuit Board, double sided, with component/solder mask is an "industrial standard" and we consider it as a minimum for a commercial zapper.

= If manufacturer uses conventional components, that's OK. It can be a good asset if you are planning to experiment with the circuits (want to change frequency, or other parameters, if you know what you are doing, because warranty will not apply any more).

= If manufacturer uses Surface Mount Devices, chances are he has access to mass production and good quality standards. Hard to modify or change components without the right tools.

Output :

= "Banana kind" connectors are very good choice for zappers. Alligator clips are good choices, if pressure of clips is strong.

= Flexible Test Lead Wire are very good choice.

= Cable soldered to copper handhold is very good.

= At least 2 copper handholds 7/8" Dia and 4 to 6" long.

This chapter about exaggerated publicity should interest you too :

http://www.zapperwise.com/e_pub-exaggeration.html

And to end this topic : A good zapper, that's good!

A good zapper with good information, that's much better!

Compare different zappers in the price range that suits you.
Ask questions about the issues that are important or unclear to you.
Ask questions about the credibility of your manufacturer, its financial practices, and what forums could say about him.

We recommend Maestro-Zapper products.



2.1.7 I want to build my own zapper Good!!

There is many schematics and "how to" on the Web.

If you want to build the original zapper, you will find-it on her book "The Cure For All Diseases", pp 19 to pp 30.

Also you can build an improved version, step by step, by consulting this page

http://www.zapperwise.com/e_zw_building_a_zapper.html or this one

http://www.zapperwise.com/e_schema_clark.html or this one

http://www.zapperwise.com/e_zw_clarkzapper.html

These pages can be too of some interest

http://www.zapperwise.com/e_schema_zapper_pulser.html

http://www.zapperwise.com/e_schema_velozap.html



2.2 Electrodes

2.2.1 Why should I use copper tubes instead of Skintac (EGC) or "hands free" wrist straps? Best compromise

Wrist bands were designed originally (and are still made) to eliminate static electricity made by the human body, on electronic workers. They are built to conduct a continuous stream of electricity at very, very low current (a few micro-amps). That's why very often they have in their path a 1.0++MΩ resistor.

The EEG (or black rubber) kind of electrode, or "hands free" wrist straps do not have an area of contact large enough, so they "concentrate" the zapping current : result: small skin burns, irritation and minimal performance, compared to copper tubes (our reference). They are the weak link of a zapper's session.

Their only advantage is an illusory convenience.

On the other hand, zappers deliver (to be efficient) 2 to 7mA peak. Too much for these wrist cuffs, even if the 1.0MΩ resistor is removed: They have a too small contact area and inadequate contact pressure. This means that, everything being equal, wrist cuffs will allow only about 25% to 30% of the current allowed by copper handholds. They can seriously "tickle" and sometimes burn the skin.

Tubular Copper handholds with wet paper towel are, for the moment, the best all around, all purpose reusable electrodes to plug into a zapper.

They can be worn in hands, or around the waistband or under the feet, or jammed in ankles by socks, ...

The rule here is to find two areas of the body, far away, and use always wet electrodes. If a particular problem is zapped, put the problematic area in the way of current, close to the "RED" electrode.

Be careful zapping head area: Head is a "small" part of our body, and current could be too strong on this vital organ. Many times, dental work (root treatment) can be a problem for zapper's current. Avoid it, or use a MINIMUM of current.

Dr. Clark also advised the use of these same tubes under the feet. Cleaner skin and higher pressure makes them superior to foot plates, according to her. Skin in these areas is less polluted than hands, and conductivity is better too. This is a great place to free hands...

Note: There is in the market stainless steel plates (to avoid) or copper plates, to use under the feet

Surprisingly, tubes (because of the pressure exerted by the weight of the leg) do a better job than the plates, having a large surface, but having a minimal pressure to work well. Here, too, use a wet paper towel.

Here's a hack I made inexpensively, to put my feet on:

ALWAYS use a layer or two of wet paper towel, between the electrodes and the skin, to prevent the uncontrolled migration of metal ions. This is especially true with electrodes made of aluminum or stainless steel.

Beware also of zappers of the "Don Croft" design, using small copper discs. Their surface is

very small, and they require very long exposure time, resulting sometimes too, in small burns and irritation of the skin. Change the area of application regularly.

Special Note on stainless steel electrodes:

Their presentation is shiny ... but ...

Stainless steel is an alloy of iron (approximately 72%), Chrome (17%), nickel (9%) and other metals...

When used with direct current, ions of this alloy can easily migrate into your body.

Not for me, thank you.

On top of this, they have a resistivity 10 times greater than copper, even dull.

Note: a piece of cloth (uncolored) moist with salt water or saturated with baking soda, can be used as an improvised electrode, and shows very good conductivity, as long as it remains wet.

Interesting note : All Maestro-Zapper zappers have a current output detector, giving a very useful indication: You are well connected to your zapper



2.2.2 Could I make my own electrodes? Ho, YES!!

The initial electrode described by Dr. Clark were tubes of pure copper in a comfortable size (7 / 8 "Dia, 4 to 6" long) (22mm Dia, 10 to 12cm long).

The material used may be two pieces of copper pipe as used in drinkable water by plumbers, which has a purity of 99.5% or better.

Your plumber or hardware store will cut 2 pieces of it at a good price.

Before using them, carefully remove any sharp edge (inside and outside) and clean them with dish soap and clear water a couple of times, to remove any chemical substance on them.

These electrodes are versatile, reusable, convenient, and require little maintenance. They are my first choice.



2.2.3 Are the wet paper towels important? Very important

The purpose of this cheap detail is triple:

1_ They isolate your skin/body from a direct contact with metal.

Why this is important? Direct current will make very easy to copper ions (or any other metal used) to migrate into our body, in a uncontrolled manner.

Copper is not "bad". Our body needs it IN VERY SMALL QUANTITIES.

But if you are already "polluted" with many other heavy metals, your body could react badly to this new incomer.

The layer of wet paper makes an efficient barrier to avoid most of this problem.

2_ They increase the working area of the electrode, so current per square inch is lower enough to "dilute" the bad feeling of any possible electric tingling, and to avoid skin irritation or small burns. Maintaining them wet is then important, and having a spray bottle with tap water around will help to have a nice zapping experience.

This is a good reason to avoid zapping sessions during our sleep time: We must know and feel what is happening to us during a zapping session.

3_ They lower the contact resistance, between the output of the zapper and our body, meaning more current available to us.

Be careful with this one. More current... up to a certain point. Comfort is a very good advisor with a zapper:

A zapping session should ALWAYS be inside your comfort area.

To prepare these wet paper towels, clean and rinse your hands. This will leave clean and **wet** skin hands.

Take a piece of paper towel about 6" x 6" (15cm x 15cm)
Plunge these pieces of towel into tap water and remove exceeding water.



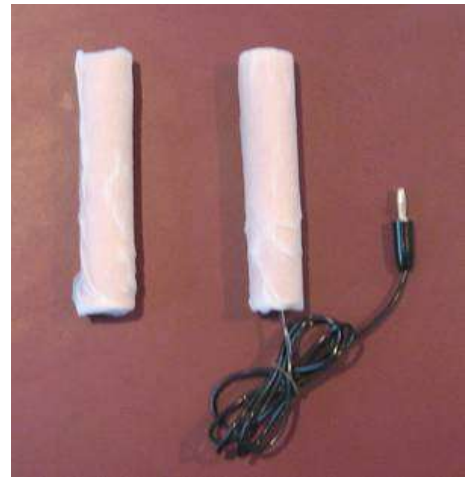
Wrap handholds in one or two layer of wet paper towel.

Install one or two layers of paper towel around each copper tube.



Shown on left, a copper tube ready to be clipped (KISS, MZ6)

Shown on right, a copper tube with welded wire to the electrode (MZ3c)



2.2.4 Why do you recommend to use tap water only for the first trial, instead of salty water?

For a simple question of "strategy". I'm not a big fan of the Nord American "Bigger is better". "Just enough and no more," suits my preferences better.

Standard zappers have a peak current of about 3.5mA, and an average current of about 1.75mA, under optimum conditions (with salt water).

But when trying an "electrical device" for the first time, fear of the unknown will be there, and the popular believe that "current kills", and other tricks can make that first experience ... stressful.

So I prefer to start by taming fear of the unknown, and with a reassuring frequency, sequence and conductivity. First experience MUST be a good one

Then, careful experimentation will tell you what is the best approach for you, and how much power we like to use.

If you are electrically sensitive, a condition increasingly common, excess of current, even considered low for others, can make you intolerant to the use of the zapper, complicating the problem of its use.

Most zappers are VERY simple devices, with no way to control the output current (The MZ3c is an exception). We can still have some control in this aspect.



2.2.5 Electrodes tickle ... How can I decrease the current?

Simply by using tap water only, without salt added.

You can also use more layers of paper towels, increasing resistance, decreasing current.

We must, here also, experiment a bit ...

If tickling is acceptable, his "strange" feeling will quickly disappear.



2.2.6 I want more current - "stronger feeling is better ..." Bad reason ...

Then a striking flashlight should be what you seek for.

But if your goal is to stay alive, I do not recommend it ...

The "Bigger is better" sometimes has its place, but it's not a good habit.

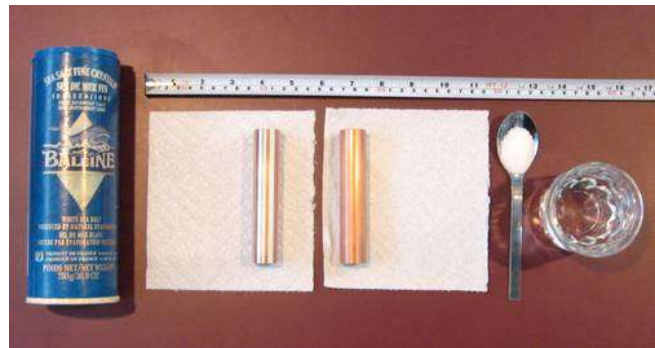
If you REALLY need more power, you can increase the conductivity of the electrodes by using salty water.

Some zappers (as the Kiss zapper) permits a 12V power supply.

Some zappers (as the MZ3c) have an output control.

2.2.7 HOW CAN I MAKE THE SALINE SOLUTION?

Sea salt is preferred by some. Table salt is good enough (its role is to facilitate electric conduction only, and iodine can be unacceptable for some). Mix well one teaspoon with a glass of water. Moist paper towels in this solution. Wrap around the copper paddles until you have one or two layers around the copper pipes.



Note: If you have dry skin, or are intolerant against chlorine, sodium or iodine, salt will not be a good choice. Then using baking soda in the same proportion as the salt could be te way to go. If your skin is acidic, you will like this solution. This is what I use, personally.

Important note: With use, you will see a greenish color on your paper towel. This bluish green tint contains copper chloride, which is a toxic chemical. Replace paper towels with new ones and clean your handholds.

Personally, I use a paper set every new session.

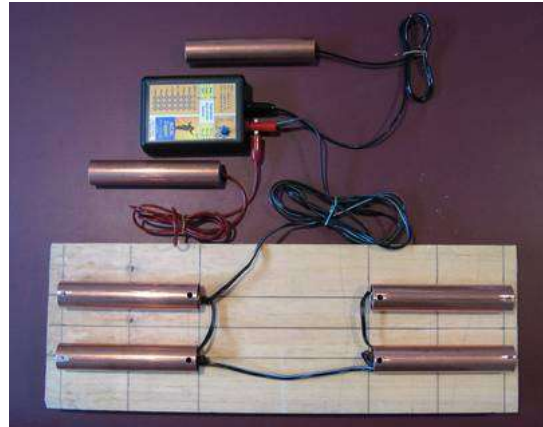


2.2.8 Can we have free hands when zapping?

Using your hands to hold the electrodes seems obvious, but this is not the only possibility. The important rule here is to take two remote areas of the body, and hold the electrodes with sufficient contact surface, and sufficient pressure.

Then always monitor the moisture of the electrodes, and the skin reaction to the zapping.

Personally, I have tried almost all places, and often zap still holding the electrodes in the hands, during a TV show (1 hour).



I finally found that a zapping session of only one hour deserved a peaceful, well earned rest.

When I work in front of my computer, I use a simple assembly with 4 copper pipes screwed into a wooden board, connected to the zapper.

I also tried a tube in each ankle, stuck by socks. But I didn't like-it very much.



2.2.9 About polarity:

In a general zapping use, the polarity is unimportant.

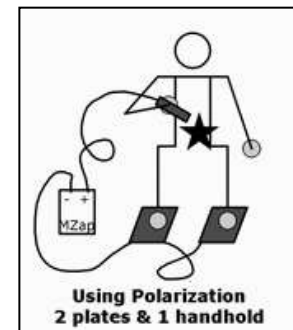
Anyway, it is interesting to know that the negative pole generates negative ions (electrons) and facilitates the proliferation of life. Putting this negative pole in a place infected (infection=parasites=life) will only aggravate the situation, multiplying viruses and bacteria.

Complementary, the positive pole generates positive ions (elementary particles of metal of that pole, with a missing electron). Therefore it is advisable to interpose a clean, moistened cotton cloth or paper towel, between the handhold (typically copper) and the skin, to prevent the migration of metal in the body. The positive side inhibits the growth of life (interesting if this life is harmful).

If you want to experience the zapper in a specific location of the body, use a healthy place for the negative pole and place the positive pole near and "further" from the target site.

Example:

2 plates connected to the negative pole (black zapper output) are in contact with feet (with no particular problem) These two plates, increasing the contact surface, decrease resistance to the passage of current and increase the comfort of this side (More area= less electric density = less tingling). The red handle connected to the positive pole of the zapper is placed near the target area, placing it between the two poles.



2.2.10 The copper becomes dull. Does that affect the effectiveness of Zapper? Don't worry too much

Not at all. Copper reacts with the moisture in the paper towels, especially if those are soaked with salted water (your paper towel becomes "green"). But conduction remains excellent. The paddles may be cleaned and shined with steel wool. Rinse and dry well. Do not put any coating of protection, that would isolate the handholds.

The case of your zapper is in ABS. If it tarnishes, the case may be cleaned with a damp cloth and mild soap. Do not soak or allow any water to get inside!

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2.3 Zappers

2.3.1 What I should expect after the first full session of 7-20?

Don't expect very much... for most of us. Even nothing, if you have clean channels of elimination (colon, liver, kidneys, lungs, lymphatic system, and skin) working well.

If this is not the case, one or more side effects described in the section "Before you take action ..." may arise. .

In my case, when I have not used the zapper for a long period of time, I often feel some lethargy and mild fatigue, as after a (little, quick) flu.

My wife feels full of new energy, every time she uses the zapper.

Everyone can react quite differently.



2.3.2 I'm electro-sensitive. Could I use a zapper?

Yes, most of the time, with great care, caution, and good sense.

There is a similar response to metal implants or pacemakers.

Begin to zap in an arm or leg alone for 30 seconds, and see for yourself the effect obtained (If a reaction occurs rapidly, the zapper is perhaps really not for you, now)

Do not zap large areas, taking the electrodes in each hand (especially if you have a peacemaker!).

Here, we must first deal with electro-sensitivity, before making a "full and normal" zapping session. In my understanding of electro-sensitivity, the immune system is permanently on the defensive mood, and crying for help.

The zapper has the good reputation of strengthening the immune system.

There may be something to do, but in a so sensitive situation, I would certainly be followed by a health professional, aware of the problem and accepting the presence of a zapper (Oupss!!)

Along similar lines, if you have metal implants in the body, the use of the zapper must be done very cautiously.

Why?

Metallic implants (including root canals with mercury or not) will "focus" the current passing around, because these metallic implants offer much less resistance to the passage of the current.

1_: This concentration may, if excessive, irritate the surrounding tissues and create inflammation, a breeding ground for infections.

2_: The DC involved may facilitate migration of the material in our system. Depend on the material involved, this may be unimportant, or very disturbing.

The rule here is to avoid current flowing in these areas, taking care not to put them between the electrodes.

Zapping only a leg between the foot and the bend of the knee may be a good strategy to "electrify" the bloodstream and lymphatic system.
This is the solution adopted by certain experimenters, having a pacemaker.

Never forget that you experience on a new technology, banned by the medical system, for reason\$ only them know.
You are the experimenter and the object of experience, a situation which is not acceptable to some of them ...



2.3.3 What illness the zapper cures? NO ONE!!!

That's a tricky question, where the forensic world would put us down ...
"Curing", "Healing" is a reserved word making part of the "medical act".
Use it when you're not in the right side of their line is risky and very expensive.

I have no problem with this situation, because I believe that "God heals and the doctor sends the bill," or in other words, only the body has the power to heal itself from within.
Any help from the outside, when not harmful, can help.

Back to our zappers.
The avowed aim of this unit is to get rid of as much as possible unwelcome intruders as possible. That's it.

Reminder: **Important rule # 3**

You are an adult now.
You are now responsible (able-to-respond) of your acts, your initiatives and their results.
You are experiencing a new technology on your own initiative, for you and ON you.

No guarantee as for the results is offered, or implied, and any observation of an unsuspected improvement of your health is simply due to natural causes and has nothing to do with your zapper, which, at best, is only built to eliminate parasites. OK?

So admit that the effectiveness of your zapper increases with sustained use, and not forgetting it in a drawer.

2.3.4 The zapper has already been used on...

Being used on something doesn't mean it "cures" that something.
It only means experimenters have tried on this "something" and have been satisfied with their experience...

The main purpose of using a zapper has always been to get rid "in vivo" of as much parasites as possible, without any medical or scientific proof of its efficiency. That's why we experiment...

For all kind of reason\$, the medical establishment is not interested to investigate its utility, its effectiveness, or even its safe use, leaving this care to the individual.

It should be noted that any testimony of its use is "subjective", because it is made by nonscientific or medical personnel, not following any scientific or medical recognized protocol.

Each person is different and can react in a different way :
What is good for you could be no good for me.

Caution and good sense are mandatory.
You are the experimenter... and the object of the experience.

This being said, some common trends appear from the whole testimonies collected. Could they all be wrong?

In its book "The Cure Of All Diseases", Dr Clark uses 120 pages for "Pain From Toe To Head", produced by parasites.

In this same book, she identifies parasites with (100+ pages) :

Diabetes	Herpes
Tiredness	Warts
Problems of skin (including acne, psoriasis and eczema)	
Viral influenza	Fever
Sclerosis	High pressure
Glaucoma	Tooth decay
Muscle diseases	Allergies in general
alcoholism (some)	Problems of weight (some)
Seizures	Sleep problems
Yeast infections	Fluke disease
Depression	Schizophrenia
Autism	Digestion problems
Alzheimer	
an many others...	

A chapter is devoted to Cancer (19 pages), another to VIH/AIDS (5 pages) For more information on Cancer / AIDS from Dr Clark, please read her other books, Chapter 2.9 : Useful References)

No side effect other that minor Herx (detox) nuisances where noted.

After reading all her 6 books, I can only recommend their reading to you, even if certain chapters are redundant.

I particularly liked:

"*The Cure for all diseases*" and

"*The prevention for all cancers*"



Don Croft (I have a great respect for this person and his work) is a researcher and manufacturer of a very particular zapper, using a frequency of 15Hz, a generator of orgone and other curiosities for the experts.

In its "**Zapper Research Report** " www.worldwithoutparasites.org/pararep.htm
he quotes the use of the zapper in cases of :

Cancer	HIV/AIDS
Herpes	Organ transplant rejection (?)
Viral hepatitis	Sinusitis
Warts	Psoriasis
Influenza	"Old age problems"
PMS	Dependence on doctors (:-)
High blood pressure	Migraine headaches
Fibromyalgia	Depression; autism
Lupus	Diabetes
Retinitis pigmentosa	Nerve regeneration (?)
And multitude of ailments that have baffled doctors....	

No side effect other than minor detox nuisances where noted.



2.3.5 I have a zapper without automatic sequences ...

So what? Everything is still possible...

Congratulations! You have a zapper falling into 95% of all used zappers...

A zapper using a 555 is robust and very simple: You can build any sequence you want with your brain and your watch (:-)

The simplicity of these zappers, if they don't allow complex frequencies or fancy sequences, still allows a great flexibility of use, as long as you do your duty.

Here are some guidelines with this kind of zapper:

- 3 minutes of application may be sufficient for some parasites, but 7 minutes is "safer" for all parasites.
- The pause can be from 20 to 45 minutes. 20 min gives a more compact sequence.
- Make full sessions of 7-20-7-20-7 to avoid inconvenience (Important rule # 1)
- Make continuous sessions for 30 minutes or more (never use your zapper while sleeping). Be careful to long sessions that can clog your elimination system.
- Use your zapper regularly after the initial period. One or two times a week with the sequence 7-20 or an active time of 20 to 30 minutes is a good start.
- Always drink plenty of water before, during and after a zapping session.
- Allow a rest period after a zapping period, if necessary.
- It is sometimes recommended to drink buttermilk or eat yogurt after zapping.
- Several users report a more effective session when the copper tubes are used under the feet, or elsewhere than in their hands.
- In general zapping, the polarity (red or black output) is not very important, but can, with continuous zapping for time exceeding 20 minutes, irritate the area of contact (electrolysis effect, well known in hair removal). Swap the handles or move them in different locations.
- If you are targeting a specific location, you will notice that the red electrode is more active when placed close to this area.
- I often use the zapper to reduce pain, with good results, and I compare it favorably (subjective) to a low voltage TENS.
- Note: Dr. Clark cites her book "The Cure For All Diseases", Chapter "Pain From Toe To Head" 120 pages having a direct relationship between parasites and pain.
- If you don't have a frequency sweep, use your available frequencies one after the other. You multiply the chances of hitting the frequency of the parasite that bothers you.
- Do not forget that your best asset is your own immune system and your elimination channels. In the absence of "THE good frequency", you can extend the time and amount of sessions. The more parasites you have eliminated, whatever they are, the better your immune system can focus on others, those that bother you now.

2.3.6 What is the best sequence?

7-20 is a great sequence. We take it as our reference for all other sequences.

As with frequency, there is the "original" sequence, put forward by Dr. Clark (7-20), which can serve as reference for any other sequence.

But the question "What is the best sequence?" is incomplete.
Best for what? Better for whom?
Experiment. Not everything has been said ...

The classic 7-20 works very well for me and has an established reputation. An excellent choice to begin with a zapper ... and in all circumstances too. Large parasites having small ones in them require this type of sequence.

The 28-20 is a great program, combining the precedent sequence using pauses, and continuous zapping, due to its very long 28mn_On.

Continuous Zapping: I use it quite often: 45mn to 90mn continuously, for its quick action, now that the initial phase (Elimination problems) is behind me.

These three programs are available on the MZ3c for all your experiences.

Each has its uses, and, unless you use a zapper in a therapeutic behavior, you will probably end up using always the same sequence.

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2.3.7 How the zapper works?

There is only no-medically-accepted theories about its action.

1_ Direct Current Action. On any H. Clark's zapper, there is a main action due to direct micro-currents flowing through you. This is true for ALL zappers, whatever their working frequency. This frequency is used to better circumvent the skin barrier. 20kHz to 40kHz is a very good number.

2_ Resonant frequency action (Or MOR - Mortal Oscillatory rate). This is the effect most "experts" want to show in their zappers. Unfortunately, most of them doesn't know what it is involved with this MOR. This is a two folds issue :

2_1 Direct MOR frequency, from 77kHz to around 880kHz for pathogen frequencies found by Dr Clark, up to 12MHz for Rife frequencies.

2_2 Sub harmonic frequencies from 20Hz up to 20kHz. Around 2kHz to 10kHz seems to work well with zappers. 30kHz has too few harmonics involved on the pathogen band to be very effective, frequency wise

3_ Very Low Frequencies (VLF), where remaining energy is too low to be effective on MOR, but carrying a message the brain can understand. This message is then carried by the brain, to the body, as an altered conscious state of mind. 15Hz is a good example of VLF.

Action of MOR or VLF doesn't need to be "direct current" - they can be AC - but can be used as an interesting add-on to Direct Current Action.

Action of MOR is very interesting, because they act on resonant phenomenon, and can reach any part of the body without the need of the Direct Current Flow.
Action of MOR is very difficult to implement, because you need to know the REAL frequency, and you need precision of 0.01% and better, far away from the 20% given by most 555 zappers.

Know which effect we want and how to use-it can lead to very efficient use of a zapper (For sure, in theory only, since only medical establishment have the legal right to practice-it... A real shame they are not allowed to believe/practice resonant frequencies)

Direct micro-current effect

Precise Frequency doesn't seem to be part of it's work (10 to 500 000Hz is a quite wide band).

DC voltage is.

What many researches have discovered, and by very different paths, is that weak electric DC current eliminates viruses and other parasitic organisms.

Once these parasites are eliminated, the body's healing power can be fully unleashed, restoring vibrant health within an amazingly short period of time.

Read this page about experiments done at Albert Einstein College of Medicine, New York, in 1991.

http://www.zapperwise.com/f_bio_beck.html#HIV

Another theory talks about ionization of pathogens and human tissues, as written by Mr. Don Croft :

<http://www.worldwithoutparasites.org/pararep.htm>

"Parasites are positively charged. Unhealthy tissue is also positively charged. The introduction of weak electric current (via the ZAPPER) destroys parasites by reversing their polarity. Negative ions are added to encourage diseased tissue to heal (healthy tissue is negatively charged).

Parasites cannot defend their positive polarity (shortage of electrons) against the introduction of simple direct current and they die very quickly. Negative ions will repel parasites whether electric current, magnets, or orgone generates the ions.

Parasites not only die when subjected to electricity, but also disintegrate and are easily assimilated as harmless nutrients, or eliminated.

Viruses and fungi inside the cells, parasites in cysts and parasites with exoskeletons (like hookworms in the peripheral tissues), will take longer to destroy, but by zapping you begin to clear the blood and lymphatic fluids, major organ ducts, intestinal and stomach lining, brain and central nervous system of parasites which will give your immune system a tremendous and nearly immediate boost.

When parasites come out of cysts and other protected areas, the surprise they encounter will be quite unpleasant".

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2.3.8 Can a zapper remove pain? It works for me!

Scientifically speaking, there is no tangible proof on this fact.

Let us add that until very recently, fibromyalgia (generalized diffused pain) was regarded as an imaginary disease, because there was no scientific proof neither.

The pain is very, very subjective, and yet quite real.

There is clinical evidence that TENS devices (Frequency Generators delivering 100V+ with a very weak current), "block" the pain. And why not for the signal emitted by a Frequency Generator named "Zapper"?

Often, pain is caused by inflammation. Inflammation is maintained by parasites. Then, if we admit that the main goal of zappers is to get rid of parasites...



2.3.9 Why don't you use an AC adapter to get rid of batteries?

Using an AC adapter or AC power supply has many technical advantages, being independent of battery use and giving a constant voltage supply among other advantages. Most of my electronic designs were built with an oversized AC power supply. They were not intended for a direct contact of their circuits with human body.

25 years in electronic and electricity field have removed my initial candid confidence on 100% guaranteed, safety devices. It happened all at once, when a "fully safe, for sure" 600VAC circuit illuminated my look with a zapping experience, before it's time ☺ (yes, I survived ☺).

Even approved UL and CSA devices can (and eventually will) fail. Any industrial electrician will confirm this statement -they are making a living out of it!

For these reasons, I prefer to relay on CMOS integrated circuits for a very low electric consumption, on a booster-regulator for a constant voltage supply, **and on a battery, for maximal safety. One zapper session of 7-20 can cost less than \$0.02 on the battery, a very low price to pay, to be SAFE.**

If, on the use and purpose of a zapper, having to replace time to time a battery is a major concern, we have a (mental) priority problem hard to zap. ☺

So, why I don't recommend AC power supply on any zapper?

Simply a question of LOVE. I love my customers, and I do my best for their well-being, by avoiding at all cost, any "shocking" experience. Period.



2.3.10 What is the best battery?

It depends on the zapper used.

Alkaline batteries have a capacity of approximately 1.5 to 2 times the capacity of a SHD (Super Heavy Duty) battery, in a low power use such as ours. Compare their respective prices.

Beware of rechargeable batteries: In small print, some manufacturers tell you that your 9V battery only gives you 7.4V after charging.

If the use is intensive and the price of no importance, alkaline batteries last longer between replacements.

In zappers using a microcontroller, an alkaline battery could be justified.

In a 555-zappers using CMOS, the cheapest battery (2 for \$ 1) will do.

Personally, I use only SHD batteries on all my zappers.



2.3.11 Frequencies (Hypothetical) effect of Frequencies :

The effect of Dr H. Clark's zapper is based on a transfer of energy in D.C. current towards its destination (you).

The frequency is used to circumvent the high resistance of the skin by using its capacitive effect. The higher the frequency, the lower the capacitive resistance, resulting in an easier transfer.

Other factors taken in account in this transfer through the skin and your body , the optimal frequency transfer is around 30kHz, although the difference is tiny between, roughly, 4kHz and 50kHz++. **This is why Dr Clark recommends anything between 10Hz and 500 000Hz, for her zapper, and uses 30kHz as the optimum frequency on all her work.**

The frequency is thus a secondary factor, but can be used as an interesting additive.

Read these pages if you want more information about frequencies and zappers
http://www.zapperwise.com/e_frequency_30k.html

Here is, as an example, some of the frequencies I have tried

30kHz is the "work frequency" of Dr Clark. Highly recommended for a zapper because of its excellent transfer energy rate.

5kHz or 10kHz are used by the Rife/Crane school alike, as Standard Healing Frequencies. I prefer 10kHz because its higher frequency pass better through the skin than 5kHz
This frequency is also a very good choice for general zapping.

LARGE Sweep frequency : is a sweep of 255 different frequencies done inside a "musical" octave (FrX .. to .. 2x FrX) The actual LARGE Sweep in the MZ3c goes from 8kHz to 16kHz, into 255 steps.

Check this page for more information

http://www.zapperwise.com/e_frequency_sweep.html

Some manufacturers build their zappers with 2 or 3 frequencies, and recommend to use them one after the other.

If 2 or 3 frequencies are a better choice than a single one, imagine 255!!

2.5kHz (half of 5kHz) is a very "in" vogue frequency. It is often offered to "skin effect believers". We believe that 30kHz, or 10kHz are more effective than 2.5kHz for the basic zapper's effect. But...

Its lower frequency made harmonics much closer one to the other, and results seems to prove that this frequency still has enough remaining power on its harmonics to be an effective frequency using MOR.

The very poor precision obtained with a 555 makes the use of this frequency interesting and unpredictable.

MZ6 and **MZ3c** uses a micro-controller with a precision of 1%, and a narrow sweep from 2424Hz to 2522Hz, to make this "2.5kHz" very efficient (theoretically speaking, of course!)
Still a good choice for general zapping.

1000Hz is recommended by Dr Clark like the best frequency for a zappicator use (food zapping).

15Hz : This frequency is part of the "natural waves" of the brain. Classified in between Alpha (relaxing) and Beta (stimulating) fields, it is easily recognized by the brain and communicates a feeling of "stimulating relaxation".

Beware : This very low frequency needs long exposure, compared to 30kHz or 2.5kHz

Beware : This very low frequency is low enough to permit to your senses to follow-it.

Result: you will see a flickering of the LED connected to the output, and you will "feel" the very strong tingling action of this frequency, even if 30kHz is more intense.

7.83Hz : This frequency, known as the Schumann's frequency, is part of a set of frequencies (7.83Hz, 14.3Hz, 20.8Hz, 27.3Hz, 33.8Hz and 45Hz) identifying our planet Earth. This global electromagnetic resonance phenomenon is named after physicist Winfried Otto Schumann who predicted it mathematically in 1952. They were confirmed in the years 1960.

The literature abound on Internet about the main and strongest of these frequencies (7.83Hz).

At the border ranges of Alpha & Theta, this frequency is easily recognized by the brain, and is reputed to soothe, calm, relax, clear the mismatch problems of Jet-Lag, delete the bad effects of our environment polluted by electromagnetic waves, and many other positive effects.

This frequency, as such, is a poor, inefficient frequency for zapping.

Two zappers (**MZ6 & MZ3c**) use a 10kHz carrier (a much better frequency for zapping) modulated by the 7.83Hz.

7.83Hz and 10kHz, by their effect, made an interesting duo.

A final note with the Square Wave Duty Cycle :

When Duty Cycle is 50%_On, Harmonics of 1, 3, 5, 7, 9, ... order (Odd) are present. If duty cycle is different, production of other harmonics is possible.

A Duty Cycle of 66% _On, for example, facilitates the generation of harmonics 1, 2, 4, 5, 7, 8, 10, 11, ...

As a simple matter of fact, the longer the On-Time, the more of strong harmonic energy is created.

Direct current have them all, but then, we have no more frequency to easily go through the skin... A practical limit exist on the easy use of the zapper.

All frequencies created by **MZ5, MZ6 or MZ3b** follows this rule.

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2.3.12 Why 30kHz, instead of ...

Here we touch a misunderstood point, and a very emotional one: **The belief in a magic frequency.**

According to research done by Dr. Clark, confirmed by my own experience, frequency has only a secondary role in a zapper: Help the current to go through the natural barrier of the skin.

If we know what we do, and we know how to do it, adding the specific effect of one or more frequencies can be a very interesting additive to the use of a zapper.

It remains that a zapper does not need a particular frequency to function as intended.

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2.3.12 Which one is the best frequency?

The operational frequencies for a zapper were established by Dr Clark between 10Hz and 500.000Hz, approximately.

Around 30kHz gives good results, but "specialists" had calculated that this frequency circulates mainly on surface and "do not penetrate" far enough, because of a "skin effect" (we talk here of the "Kelvin effect", affecting usually very high frequency carriers and high current transport lines) .

Be cautious with theoretical calculations : According to aeronautic engineers, the bumblebee, this big oaf with the hairy and striped paunch, cannot fly (!?!)

The "in" frequency is now lower than the initial 30kHz (2.5kHz is "in"). A manufacturer had praised the merits of 2kHz, and another the merits of 15Hz. All these frequencies have their followers, and if the fashion is at lower frequencies, none stands up in a dominant way, otherwise that for publicity purposes.

In practice, the length of active time and regularity of sessions are more important than frequency (most of the time).

As conceived by Dr Clark, there is no prevalent specific frequency, but... Do not neglect your personal beliefs in the choice of your favorite frequency : The placebo effect is active 30% of the time and is a pejorative definition of the health power of the human body, when related to your personal, strong beliefs.

Then, ultimately, experiment, observe and ACT.

If the subject of frequencies in a zapper is interesting to you, we suggest you read the following pages:

http://www.zapperwise.com/e_frequency_30k.html

This page talks about H. Clark's original zapper and its 30kHz frequency, and why it is so important for a zapper to have at least this frequency.

http://www.zapperwise.com/e_frequency_2k5.html

This page talks about the zapper really working with frequencies, why each "expert" has its own pet frequency, and why it is so difficult to choose among all frequencies from Rife, Clark, Beck and many others.

http://www.zapperwise.com/e_frequency_vlf.html

This page talks about zapping frequencies "whispering" to the brain

http://www.zapperwise.com/e_frequency_sweep.html

This page is about an actual trend : the multiplication of proposed frequencies, and also about the sweep frequency and what it's so special with it

http://www.zapperwise.com/e_frequency_ref.html

This page is a technical reference for all other pages.

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2.4 How to...

2.4.1 Why should I zap tree times in a row? There is no obligation

The process we describe here has been used so often that it has become a classic of zapper's use. This experience is made out of 3x 7mn zapping treatments with a 20mn break in between each.

The theory behind this sequence has been explained by Dr Clark in her book "The Cure For All Diseases", pp30 :

"It takes three treatments to kill everything. Why?

=1= The first zapping kills viruses, bacteria and parasites. But a few minutes later, bacteria and viruses (different ones) often recur. I conclude they had been infecting the parasites, and killing the parasites released them.

=2= The second zapping kills the released viruses and bacteria, but soon a few viruses appear again. They must have been infecting some of the last bacteria.

=3= After a third zapping I never find any viruses, bacteria or parasites, even hours later.

Why didn't the virus inside the parasite die with the first zapping? It may be because electricity travels on the exterior of things. The body of the parasite shielded the interior. This is why my earlier, promising work spending hours on a frequency generator gave only partial or temporary improvement—it was only done once, not three times. And it explains why a single treatment with a frequency generator or zapper frequently gives you a cold!"

This initial sequence follows a timing of 7-20-7-20-7 and is still in use today, giving good results.

Note:

The initial frequency recommended by Dr. Clark with this sequence was 30kHz. Dr. Clark, according to documents found in Internet, had tried many frequencies, using 5kHz, among many other frequencies, and it did seem to work better (for what?), but she went back to 30kHz for her later work (Why?).

Note: This sequence is very progressive and is less prone to exaggeration than continuous zapping. For this reason, I see-it as a good tool to begin with zappers.

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2.4.2 I've heard that one zapping session of 1h is as good ...

If your target is a parasite without "subtenants", 30 minutes to 1 hour of continuous zapping can be just as effective as the original 7-20.

The main problem of the sequence 7-20 is the extra effort required to monitor the time, by starting and stopping the zapper (!!?)

Too complicated for some ... and the additional technical complexity of having to design a device with automatic sequences repels manufacturers of zappers too.

By having a one-hour session, we can also count to pick up some "subtenants", if any.

The problem with continuous zapping, is that it is easy to make exaggerations, forgetting to (still) monitor the zapping time: The body, choked by the sudden mass of bodies and toxins, can give you a hard time for a few hours to several days.

If the electrodes dry and you do nothing, the current will focus in a single point. The zapper

can then easily irritate the skin by a process of electrolysis and / or skin being too acid, and cause irritation on the point of contact with the skin, or even small burns.

Rare, but it has happened.

7-20 or continuous zapping? If we can use a comparison, here's the problem:

If we have a load of 500kg to be lifted, and we have the opportunity to raise 1kg at a time, 500 times, or lift the 500kg all at once, it's easy to understand that with the first opportunity we will stop before collapsing from fatigue. With the second solution ... Ouch!

If we are weakened by poor health, and we have the ability to zap 7-20 several times a day, or zap 16h in a row, it is likely that the first solution allows us to "wait and see" when it is better to stop and let the body recover. With the second solution ... Ouch!

Dr. Clark has dealt with heavy cases using continuous zapping for 8 hours and more, UNDER HER SUPERVISION. This is certainly not (we hope you) your need.



2.4.3 Can I zap in the head? Not recommended, but I have done-it.

The head is my main working tool, and I take great care of it...

It is, compared to the rest of the body, relatively small, and the applied current will significantly pass through without big by-pass around.

The brain uses electric signals of a magnitude in the order of 50 to 100uA, and interfering with these signals is always questionable.

On the other hand, I noticed that many problems in my head seem to be caused by parasites.

I tend to believe that by getting rid of parasites in the head, I will get rid of these problems. And this seems to be the case.

Suffice to say that zapping in this area is not recommended, but possible.

Note: I experiment for now 5 years an alternative method to the zapper: colloidal silver. And it seems to work beautifully for me.

If a sinusitis is my problem, taking the electrodes in my hands and zapping is already effective.

30mn later, sinusitis is gone.

But if I keep the electrodes in my hands and I touch the tip of the (red) copper tube (well wrapped in wet paper towel, as it should be) in the area involved, near the nose, most current will go from one hand to the other, and it will remain very little to go from the tip of the pipe to the other hand.

This works well for me, when I don't have my MZ3c, able to deliver as little as 1.5mA peak, in a controlled way (constant current source).

Note: Before knowing the zapper, I managed to pass sinusitis within 3 to 5 hours. A zapper can "remove" a well established sinusitis in 1/2h to 3/4h.

Two drops of colloidal silver in the nasal cavities does the same job in less than 2 minutes.

The zapper is a great tool to try in every circumstance, but not the only one.



I take here the occasion to digress on sinusitis, which have often poisoned my existence in the past.

I came to the conclusion that sinusitis, like ALL other health problems, are caused by the emotional body "crystallizing" its black/bad mood.

The zapper or colloidal silver treats the virus that is partying in my nasal inflammation, but will not cool down my emotional mood, source or ground where the virus will return partying again for sure.

Three other remedies can save my day:

1_ When I understand the situation, there is many NLP techniques permitting to (really) deal with the sinusitis, and make the ground (My nose ;-) unpalatable for the viruses

2_ Bach flowers are exceptional to neutralize bad emotions and re-balance my emotional body.

Their choice is relatively easy, and there is no known overdose.

3_ A special technique playing with acupuncture meridians can undo the "bad energy knots" and their roots.

This technique is VERY powerful, easy to implement (and free!)

It is beautifully explained with many examples, by an extraordinary therapist called Tapas Fleming: Tapas Acupressure Technique or TAT for short.

Visit her site, it's worth the time expended (Free advertising and well deserved - I have no connection with this site - just a great admiration for this person and her work).

<http://www.tatlif.com/>

All this boils down to one important fact: The zapper is just one tool among many, with its strengths and weaknesses.

A tool that everyone should know and have on hand, but not the only one "doing the job"

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2.4.4 I can't withstand much current. Will my session be effective anyway?

It is the Amount of Electricity that determines the effect produced by the electric current in the human body.

This quantity depends on the current flowing and the exposure time.

Q (quantity) = I (current) x t (time)

If you can't withstand much current, you can still use less current... and do-it on a longer period of time (-;-)

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2.4.5 Effect of electricity in a living human body

It is the Quantity of Electricity which conditions the effect produced by the electrical current in the human body.

- This Quantity depends on the current which circulates there and the duration.

$$Q \text{ (quantity)} = I \text{ (current)} \times T \text{ (time)}$$

- The current depends on the voltage applied AND the resistance of the load (here, a live human body):

I (current) = U (voltage)/ R (resistance), or with a capacitive load and Frequency involved :

$$I = U \cdot (2\pi \cdot \text{Freq.} \cdot \text{Cap.})$$

- The resistance of the human body varies according to various parameters:
 - _ Tiredness, health, age of the person;
 - _ The hygrometrical (moisten or dry) state of the skin at the points of contact;
 - _ The quality of the skin;
 - _ The area of contact;
 - _ The voltage applied between the points of contacts.

The resistance of the human body varies from a few hundreds of kohms in low DC voltage, to less than 200 ohms in the case of electrocution by a flash of lightning.

A document indicates a resistivity of the blood of 200 ohms.cm.

On the level of perception, we retain:

- _ 0,5 to 1mA : Threshold of feeling according to the state of the skin
- _ 8 to 10mA : Shock to the point of contact, brutal reaction
- _ 10 to 20mA : Electric shock + Contraction of the muscles; durable crispation
- _ Beyond 20mA : Mortal risk proportional to the current.

The human organism reacts to the electrical current of a zapper like a variable resistive load and a variable capacitive load. The inductive effect is practically non-existent.



2.4.6 Do you have an initial program to recommend?

Long Run Practice

Before being accustomed to the use of the zapper, a careful progression is recommended. One session only is not enough to come back to "normal", after years of body pollution. If your condition is severe, some sessions will not be enough neither.

We have noted quite often some kind of "threshold" you should overpass to feel a zapper's action, but an increase of sessions or exposure time must be done with precaution.

Here is a "pattern" spread out over several weeks for the "first time user".

IT HAS BEEN DESIGNED FOR MR. JOHN EVERYBODY

If your name is different, please adapt this program to suit your requirements... following these 3 important rules :

Important rule # 1

It is strongly recommended that you complete a full session of zapping, meaning :

- **3 times 7mn, with breaks of 20 to 45mn each**, or
- 20 to 30mn minimum of uninterrupted zapping.

If you don't, you are likely to leave free in your system parasites living normally in larger parasites, and causing unexpected nuisances (irritated throat, sudden cold, nausea's or headaches...)

Important rule # 2

If the side-effect are TOO disturbing, it is because the session is TOO strong FOR YOU..

- Decrease the exposure and/or
- Space the sessions and/or
- Stop for a few days.

Your comfort is your best adviser.

There is a 3rd important rule to remember :

You are an adult now. You are now responsible (able-to-respond) for your acts, your initiatives and their results.

You are experiencing a new technology on your own initiative, for you and ON you. No guarantee as for the results is offered, or implied, and *any observation of an unsuspected improvement of your health* is simply due to natural causes and *has nothing to do with your zapper*, which, at best, is only built to eliminate parasites.

OK?

This guide of experimentation spreads over 6 to 12 weeks of daily zapping. It will enable you to familiarize yourself with the use and the effects of the zapper.

Thereafter, this initial experiment will enable you to use your zapper with... experience, efficiency and profit.

Follow the #1 and #2 rules at any time.

Frequency of your choice, 30kHz recommended.

1. 1 session daily, program 7-20 for 7 days, or until tiredness and elimination are in control.
2. Continue 3 days more after this steady level is reach.
3. 2 sessions daily, program 7-20 for at least another 7 days, or until tiredness and elimination are in control.
4. Continue 5 days more after this steady level is reach.
5. 3 sessions daily, program 7-20, or only 1 session 28-20 for at least 7 days, or until tiredness and elimination are in control.
6. Continue 5 days more after this steady level is reach.

7. So far so good? Then continue during 1 more week. We should be close to 5 to 6 weeks by now.
8. Try now a long lasting zapping of 1h continuously, daily. Please, beware that continuous zapping can have heavy side effects if done before its time.
9. Continue for as long as your well-being will be in progression

From there on, it is up to you, to choose your program and your own rhythm.

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2.4.7 HOW FREQUENTLY SHOULD I ZAP?

The frequency and amount of zapping depends on the individual, his condition, and the type and extent of illness being treated. Starting out, most users zap 1 or 2 sessions a day. This is normal for the first 3 to 5 days and up to 45 days. Afterward, users may zap from once a day to a couple of times per week. Once parasites have been reduced or eliminated, the need to zap is reduced.

Only for reference : I personally zap once to twice a week for a "maintenance program" and my personal choice is "narrow sweep" on **2.5kHz** & **Prg_28-20**, handhelds on every side of my waist-band. Almost any activity is then possible during zapping time.

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2.4.8 HOW LONG SHOULD EACH ZAPPING SESSION LAST?

Classic zapping is for 7 minutes with a 20 minute resting stage in between. This is repeated 3 times for each session. In heavy cases, some individuals choose to zap continuously for a full hour or more. There is probably no harm in this, but it is likely to reduce your natural intestinal inhabitants. It is important to drink buttermilk and/or eat yogurt to replenish this.

----------

2.4.9 What is the maximum duration of a treatment? **Tricky question**

What is the maximum ability of your body to get rid of all your parasites? Every one of us reacts differently to the duration of a session, and have a "personal maximum" at that moment. Again, it's up to you to judge what is happening in your own body and to decide what is the maximum duration FOR YOU.

For reference only : I already has been tired for a full day after a 7-20 session, and sometimes this still almost happens with 28-20 or continuous sessions . I already have been zapping for 2x 4h in a row (I don't zap when sleeping), without any wrong feeling. Again, a zapper is not a toy. Use caution and good sense.

----------

2.4.10 What does it takes, to make a good choice when purchasing a zapper? **Choose a honest manufacturer / distributor. Ask questions!**

Try in forums dealing with this subject. Ask questions.
Contact the manufacturer or distributor. Ask more questions.

Note: Avoid like the plague, any zapper plugging into the power line

The electronic frequency generators, disguised and renamed "zappers" because the name sells well, are unnecessarily complicated (and expensive) and are rarely better than the "simple, basic zapper" for the average person.

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[2.4.11 Should we zap first, or detoxify first?](#)

The use of the zapper can be done at any time before, during or after a detox.

At what rate? Everything lies on this question:

Follow your comfort ... and the ability of your body get rid of all these unwanted passengers.

Doing one activity after the other makes a lot of sense: This cautious way permits to avoid any unnecessary exaggeration.

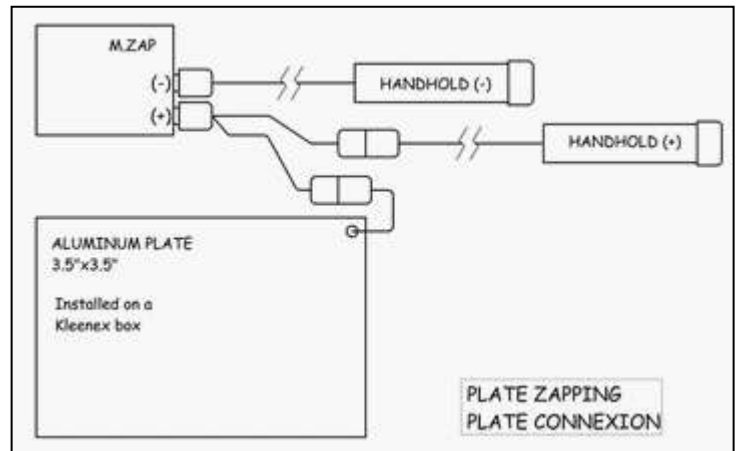
-----☪-----

3.0 INFORMATIONS

3.1 Other uses

Until now we saw the zapper in use for general zapping, not aiming the energy of the zapper at anything in particular.

Plate zapping uses a 3.5"x3.5" aluminum or steel plate connected to the "live", positive red output. By using a specimen of the organism to zap, on the aluminum plate (organ or pathogen parasite, or parasite into an organ), an "harmonic link" is established and most of the zapping energy is directed into this direction, no matter how much the target is shielded. This session needs at least 20mn of continuous zapping (program 28-20 or 20mn of program 4h) at a power supply of at least 8.9V



Note : a conventional zapper, powered directly by a 9V battery, will give you only a few sessions before going under the 8.9V limit. "Synchrometer science laboratory manual" (see reference section), "The Prevention for all Cancers", "The Cure for HIV and AIDS" books and many Internet sites will give you additional information on plate zapping, a powerful technique.



Another Dr Clark technique called "Homeography" uses a 30kHz zapper as energy source. It rests on the ability of water to incorporate a frequency pattern of some object or chemical, or living thing and to hold it in a stable way for a very long time.

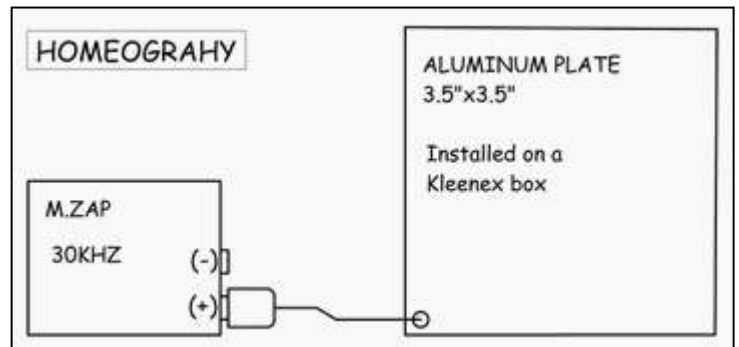
You will need a source of positive offset square wave, at least 30kHz, close to 50% duty cycle, and at least 9V.

A 30kHz standard zapper fits exactly this description.

You will also need an aluminum plate of roughly 3.5"x3.5" connected as an antenna, to the positive (red) side of your zapper. The negative output side is not used. To use the system, place a 10-15ml bottle of plain pure water on the plate. Place the item you want to copy right beside it. Surround all bottles being used with a metal tube as a shield. The 2 items or tubes must touch.

Zap for around 20s. The plain water now becomes a bottle copy.

"The Prevention for all Cancers", "The Cure for HIV and AIDS" books and some Internet sites will give you additional information on homeography, another powerful technique.



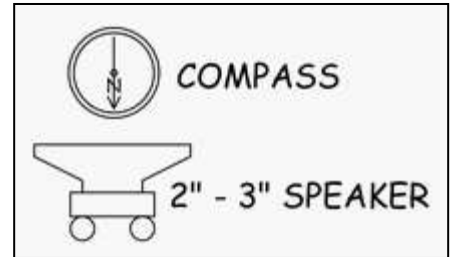
Most known uses of the zapper are described as techniques to get rid of parasites "in vivo" (in the human living body). Same idea applies on domestic animals and vegetables.

Same idea can be applied to our food.

Zappicator "food zapper" is born.

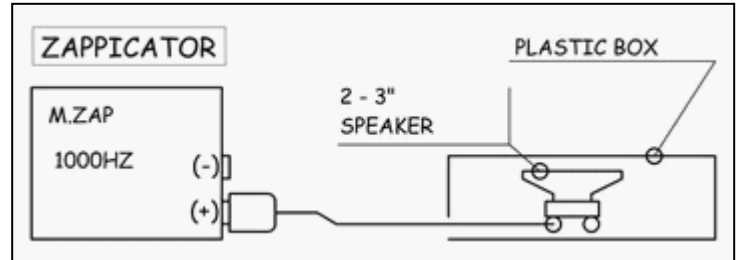
To build a zappicator, you need a zapper and a small (2 to 3") speaker with the "front face" attracting the "North needle" of a compass.

Connect the positive (red) output of your M.ZapX to the (+) of the speaker. In this application, you do not connect the negative (black) output of your zapper : The speaker acts as an antenna.



Putting food on top of the front face speaker removes all bad pathogens and many bad molecules, like food allergens, PCB's, benzene and phenols, according to Dr Clark.

The best frequency for a zappicator, is 1000Hz, but 30kHz is still good.



"The Prevention for all Cancers", "The Cure for HIV and AIDS" books give you additional information, how to build them from scratch, and some Internet sites will give you information on zappicators, and already built zappicator plates.

It is suggested, in parallel with the use of a zapper, to use herbal treatments designed to cleanse the liver, kidneys, intestines and other places too well protected against the action of a zapper.

3.2 Useful references

www.HuldaClark.com :

H.Clark approved herb sources, books, zappers.

www.naturalhealthsupply.com :

Products found on H.Clark's published Source List.

www.drclarkbooks.com :

You will find all the Dr. Clark's books, and many others.

www.mercola.com :

My best source of "official" health information.

www.electroherbalism.com/bioelectronics/ :

Good source of information about frequencies.

<http://curezone.com/forums/f.asp?f=292>

Forum with many interesting topics, including a "Zapper & Pulse Generator Support Forum" Recommended.

www.maestro-zapper.com : **Our site is actually (2010) in French and English.**

You will find most general information and how to use zappers (and much more) in this complementary site :

www.zapperwise.com : **This site is devoted to H. Clark's zappers and other micro current devices. One of the best source of zapper's schematics in the Web.**

Visit this Internet site for an up-to-date documentation on zappers, links, references and related subjects.

3.3 Rambling Monologue

The basic zapper uses only DC and very little the frequency. This is its strength (its simplicity), because building and using a zapper is VERY simple. This is also its weakness, because if the current does not flow (or very little flow), the zapper is (almost) useless. That is why Dr. Clark advised to use herbs and herbal supplement to zap.

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This is also why the current trend is to use (more or less successfully) specific frequencies as an additional effect to the basic zapper.

Why this trend is so popular? Frequencies pass through the body from side to side, solid organ or hollow organ (very interesting), and use the phenomenon of resonance to reach their target.

As each frequency aims a parasite family in particular, we are left with zappers having an extremely narrow use, or with zappers using modules, one for each parasite (or almost) ... Complicated to build and quite expensive for most of us.

-----☹-----

Respecting the original mode of action, a niche is emerging in the use of frequency: The frequency sweep, not for anything in particular, but for everything in general, with the harmonics generated. This trend will grow as the use of micro-controllers will increase in the design of zappers.

-----☹-----

Facing a severe case of C-difficile, where the action of the zapper was not fast enough (the target area was inside the intestines, where the zapper is slow to act), I had the intuition of using colloidal silver. In this particular "anecdotal" case, the C-difficile was settled in 48 hours. Since now 4 years, I use CS in every possible way, and find it an excellent complement to the zapper action.

I designed the CS01 as I would have liked to have it in this emergency Small, easy to use, effective.

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Any zapper following Dr Clark's recommendations is efficient, regardless of its price.

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I find that the 110V/220V powered zappers show a blatant disregard for the principles of Dr. Clark, and potential customers, because of the danger they pose to their owners. Often the advertising that accompanies these zappers is technically false and misleading.

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In a smoky screen, many distributors associate the name of Dr. Clark with frequency generators using the principles of Rife or Crane (principles I trust and respect), simply because the name "zapper" sells better. These devices rely on the action of very specific frequencies, which must be applied one at a time.

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These applications require an exact knowledge of the offending parasite, which requires a diagnostic (investigation of symptoms), followed by a precise adjustment of the required

frequency inside 1% of 1% (or better), with no guarantee that this frequency is THE good frequency for the targeted pathogen or problem.



Here we are VERY far from the broad action of DC, as mentioned by Dr Clark.

In the medicine of "tomorrow", these devices have an interesting place with health professionals, for difficult and highly focused cases.
For Mr. Anybody, the basic zappers is just right.



I have a particular conception of Health, which includes not only the "physical body", but also the "emotional body" and "mental body".
Some call it the "Holistic Health" in the sense of overall health.

In this context, physical health problems, involving or not "parasites", have a disturbed emotional body as cause.
The emotional body is growing in the fertile ground of the mental activity.
And the mental activity loses its reference in front of the illusion that only physic facts can exist

Why bring this view, in a booklet about zappers?

Because zappers, eliminating parasites, give us a brief respite:
It eliminates the "ultimate cause" of our health problem, certainly not the primary one.
The zapper is a good tool for this purpose (buying time), with its strengths and weaknesses.
But not the only tool at our disposal. And relying only on the zapper is a good way to see same problems coming back again and again

Another point to consider with the zapper, is that it eliminates parasites, but does not repair the damage caused by them, or wipe out toxins produced by these parasites. That task is reserved to our immune system, which usually makes such repairs during the deep sleep phase, where impressive growth hormone quantities are produced.

No sleep, no serious repair ...
That's why a zapper helping to have a good, deep sleep is so important to me.



A few words about the use of frequencies, especially if you have a **MZ6** or **MZ3** zapper from Maestro-Zapper.

What follows (as what has been said) is highly speculative, since the Medical World, to which all Natural Laws obey (?!), rejects the principle of the resonant frequency and the action of MOR (Mortal Oscillatory Rates).
Out of their theories, nobody can safely/legally live (or die).

30kHz is designed to give you the best transfer of electric charges through the skin.
The effect of harmonics is minimal.
In this context, this frequency is a good choice to start zapping, especially when combined with the 7-20 program.
Its effect will be (relatively) smooth and progressive, because you can start with as little as 3 minutes active, and increase in future sessions to 7 minutes or more.

If your zapper has 2.5kHz: This frequency is still good for a transfer of electric charges, but its interest lies elsewhere:

Its multiple harmonics are close enough to hit a multitude of frequencies pathogens. Reports on the Web suggest that the energy of the harmonics is still good for this task. These reports also indicate that two "identical" zappers (same model, made by same manufacturer) can have different results, one being better for one type of parasite, the other to a different family.

This is due to the high accuracy required by the MOR, and the 20% (or more) precision of "ordinary" zappers (as the KISS zapper, for example).

A good strategy is to use one or two sessions with 30kHz, and to follow other sessions with 2.5kHz. First, 30kHz makes a general cleanup, then 2.5kHz goes as far as this zapper can go.

If you're used to the action of your zapper, you can start right away with 2.5kHz.

Some manuals advise 7 minutes to 30kHz, followed by an additional 7 minutes at 2.5kHz. Because 30kHz doesn't work very well in frequency, 14mn at 2.5kHz could (conditional) be more "efficient". The results are not guaranteed, but it's worth a try.



With a narrow scan around 2.5kHz, the rules change a lot:

This scan (64 different frequencies on the MZ3c or MZ6) exchanges the accuracy of 2.5kHz (1% is better, but is not yet enough) for a multitude of frequencies VERY close one to each other. The hits are really surprisingly high.

Only one downside: The scan is done between 2426Hz and 2527Hz. You do not catch them all, but almost all. The time of action should also be increased. That's why the 28-20 session was designed.

I personally use this narrow scan in priority, for anything, often with a continuous zapping of an hour, and I am very satisfied.

The principle of action for scanning an octave (8 kHz to 16kHz for the MZ6 and MZ3c) is similar to the narrow scan, but here, we aim at ALL pathogen frequencies.

A time of action even longer is necessary. 1-1/2 hour seems a minimal time to start with.

Note: The frequency of this relatively high scanning makes it almost as effective as 30kHz.

We can then use it as 30kHz, besides its effect on frequency ...

Another interesting note with MZ3c: On continuous sequences, one can choose from six frequencies, and even change of frequency along the way.

These frequencies (except the 1 kHz) sound a beep every 21mn, which permits their use in plate zapping, requiring 20 minutes of time.

If you want to have any one off the 6 frequencies on a sequence using 20mn pauses, do the following:

21mn_On, 21mn_Off, 21mn_On, 21mn_Off, 21mn_On



Here is my personal strategy, when using a MZ6 or MZ3:

1_ sequence 7-20 and 30kHz for general zapping, or to begin with on the (new) use of a zapper, for a very progressive action, with very little chance to exaggerate:
8 sessions of 7-20 in a day, it takes the full day! And this will only give you 168mn of active zapping (which is already a lot)
8h non-stop will give you 480 min of zapping. The easy way to have a lot of problems...
You will need a health care professional to monitor the progress of operations.

2_ If I caught a flu, cold, or other health problem:
I start with 28-20 and 2.5kHz, if you want to reduce the chances of exaggerating, or 1 h at 2.5kHz.
If the problem is properly installed, same sequence, same frequency, three times a day.

3_ When the problem is "broken", I use only 7.83Hz/10kHz. A gentle respite, and a faster return to normal (shorter recovery time)

4_ When I want to relax or when I want to clear the jetlag, I use 7.83Hz for 1/2h to one hour.

5_ When I want to have the "wake-up" of a cup of coffee, or want to fight pain, the 15Hz is (almost) perfect.
A session of 30 minutes to 7.83Hz, followed by 15 minutes at 15Hz is a performing combination, because it relaxes you (stress) and then leaves you alert and focused on yourself.

I continue to experiment with 1kHz, for the properties described by Dr. Clark to de-pollute the food (and why not, the human body?)
Being (relatively) healthy, I rarely use the wide sweep, but use the narrow sweep on everything, being faster, and sufficient, so far.

The program of MZ3c DS will certainly open new perspectives for the use of the zapper.

When "things go wrong" (like a health problem that looks like a flu), I surround each electrode with 4 to 6 turns of paper towel, I moist with water and baking soda, and place the electrodes in the armpits. A good pull over me makes me sweat and keeps the electrodes well moistened.

My personal beliefs makes me believe that the sweat has the signature of all pathogens that bothers me. Zapping session is then used as rudimentary – but efficient – plate zapping session... which specifically targets all the pathogens, whatever they are.
Placebo? So what, if it works for me (:))

Points to highlight: The thin, delicate skin easily irritates underarms, and I have an area that "itch" for a few days. I still find it worthwhile.
And it keeps your hands free to take some good teas (:))

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Happy physical health (Joy)
Happy emotional health (Love)
Happy Mental health (Truth)
In a harmonious body and a harmonious world (consciousness of Gratitude)

THIS DOCUMENT WAS WRITTEN BY...

Antonio Gomez : designer and happy user of the product line «Maestro-Zapper».

In electronic field since 1973, A. Gomez has act as electronic teacher; production and production engineering manager; project engineer in communications (RF, VHF, UHF); technical drafting manager; electronic, PCB and packaging designer; and many other functions, from assisting patent projects, to delivering major turnkey projects in technical field.

A. Gomez focuses on electronic devices intended for well-being since the mid 80.

In 1993, he develop the AMI_10 and AMI_20 (Alpha-Mind-Inducer), a CES (Craneal Electro-Stimulation) inducing altered states of consciousness. Many of these AMI where used by people having sleep problems.

In 1995, he design the BB_60 (Brain-Booster using a uC) a «sound and light» electronic device with 6 automatic programs, inducing too altered states of consciousness.

In 2004, he hears about the «zapper», and its «intriguing frequency". He experiments this theory, which ultimately had little to do with frequencies, for 2 years, until a family member with very serious illness, accepts to try a zapper made out of an old AMI_10.

Results where surprisingly good.

He took then the decision to design a small zapper, putting in the line his quarter of a century experience in control and electronic, to make the M.Zap1, MZap2 and Mzap3, using a micro-controller (uC), and the M.Zap4_TN, the M.Zap4 and M.Zap4R, using a 7555.

From all this experience, he removes from his mind everything who doesn't looks or feels like a zapper, and builds a micro- controller driven, ultra simple zapper, for everyday general use.

2008 : The MZ5 is born. Many «goodies» grows from the basic power of the uC, and this «200 frequency zapper» will develop in a family with many different versions.

Our Web site is dedicated mainly to "zappers of H.R.Clark» and we seek to popularize their technical understanding.

"I feel being a zapper's designer, a curious zapper's user, but certainly not a Zapper's "guru".

You can feel his experience in the use of frequencies almost on every zapper he builds.

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☹☺☺ zapping! - zapping! - zapping! ☺☺☺
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<http://www.zapperwise.com>

